



Executive Update

Hello RCQG Members.

October is traditionally a month to count our blessings and give thanks for all the things that make our lives bountiful and good. Personally, I would like to give thanks for my family, health and happiness.

I also give thanks for the generosity of our guild members. We work so hard to help our fellow human beings by creating warm cozy quilts to donate to our community. The focus of our outreach this guild year is to create Quilts of Valour and also quilts to donate to Habitat for Humanity.



The guild has been fortunate in acquiring an electric Go Cutter. Because this tool is electric, little to no muscle power is needed to operate. So members can cut out projects that may otherwise have been difficult because of rheumatism or arthritis. The many cutting options are listed on the [Royal City Quilters Guild web page](#). Have a look and plan your next quilting project. You can book time to use the Go Cutter at our next Mingle.

Do we have a guild member who enjoys sewing T-shirt quilts? The Cambridge Food Bank would like a volunteer to create a quilt from the food bank's collection of Tim Horton Smile Cookie shirts. They want to publicize a joint Tim Horton's / Food Bank annual fundraising campaign. If this sounds like a project you would be interested in, contact the Cambridge Food Bank for further details.

In closing, Happy Thanksgiving and enjoy your turkey dinner.

Gobble, gobble.

Kim H
President

October Program: One Block Wonders: Kaleidoscope Quilts with Jackie O'Brien

What happens when **one fabric becomes an entire quilt full of kaleidoscopic surprises?** In October, Jackie O'Brien will introduce us to the fascinating world of One Block Wonder quilts, sharing 40 of her own quilts to demonstrate the extraordinary effects that can emerge through fabric choice, colour and placement. Jackie has been exploring this technique since 2006 and has created more than 120 One-Block Wonders, including two featured in Maxine Rosenthal's *One Block Wonders Around the World*. Prepare to be inspired—and perhaps to start looking at the fabrics in your stash in an entirely new way!



Jackie will share 40 of her quilts, illustrating how fabric choice, colour, and placement create dramatically different results. You'll gain insight into the process, along with plenty of inspiration to try this technique yourself.

Jackie is a 20-year quilt veteran, who is passionate about quilting and teaching others to quilt. She has been a Studio 180 Design Certified Instructor for over 10 years. Her quilt "Waves of Joy" is included in Deb Tucker's book "Royal Treasures" based on the Hunter Star quilt.

She discovered One Block Wonders in 2006 and has made well over 120 so far. Two of her One Block Wonders are featured in Maxine Rosenthal's book "One Block Wonders Around the World."

Jackie Lives in Central New York

Email: sewjackie@live.com

www.ifthesethreadscouldtalk.com

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Dawn H

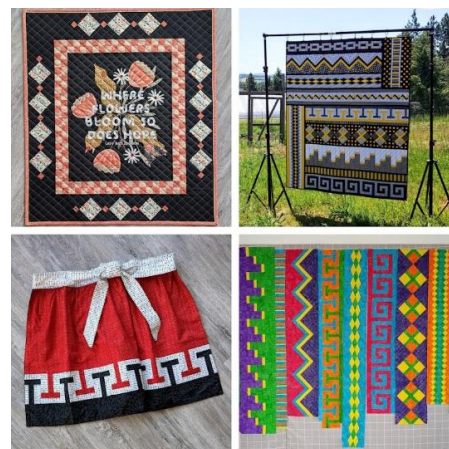
Workshops

Now that Fall is upon us, and outdoor activities lessen, we can start to plan more indoor activities for the coming months. Please give a thought to signing up for a workshop, or two. The workshops are held on Saturdays and are virtual via Zoom.

Although our first workshop of the year (Jackie O'Brien, "One Block Wonder") is sold out, there are still places available in the remaining two workshops.

Our **second workshop** of this guild year is Kristin Echols' "Seminole Patchwork", on Saturday January 23rd 2027. This is a technique class to learn the concepts of Seminole strip piecing. During the session, students will create 4 to 5 distinct Seminole patterns. Each student will receive instructions for 10 unique Seminole designs, along with several variations. By the conclusion of the workshop, participants will have mastered the necessary skills to assemble all the designs. These versatile Seminole bands can be made into a quilt or table runner, added to quilts as borders and accents, or used to embellish clothing and home decor projects.

Website: KristinLaura.com



Our **third workshop** of the guild year is Monika Henry's "Improv For Planners", on Saturday April 10th 2027. Monika has designed a system that helps students organize their quilts, and gives them the structure they love in a pattern, without determining how the quilt will look at the end. Students get to play with fabric, but have a road map and know it will look great when it's finished. This workshop includes:

- a pre-workshop handout to help you pick fabrics
- a 30-page pattern with layouts, block patterns, assembly instructions, and how to use the system
- approximately 2 hours of instruction
- 4 hours of live sewing time
- expert guidance during the workshop for questions



Website: <https://www.pennyspoolquilts.com/>

For more information on these workshops and to see pictures of the workshop content, please visit the guild's website:

<https://royalcityquiltersguild.ca/activities/2026-2027-virtual-workshops/>

To register for workshops, please visit the store on the guild's website at <https://rcqg.square.site/>
Please note that as of September 15th 2026, unfilled workshop spaces have been offered to non-guild members. Don't be disappointed, sign up soon!

Cheryl C.

Community Outreach

Sew Kindness. Share Comfort. Change lives.

Share the comfort: Join our community outreach program

Do you love quilting and making a difference? Our community outreach program is the perfect way to combined creativity, friendship, and generosity.

Through this program, we create beautiful quilts that are donated to charities and community organizations, bringing warmth and comfort to those who need it most.

Getting involved is easy. We provide quilt kits that contain everything you need to get started. Whether you're a seasoned quilter or just looking for a meaningful project, there's a place for you in our outreach family.

Need a kit? Simply reach out to us and we'll be happy to arrange a quilt kit for you. Work at your own pace from home or stop by one of our Mingles. These casual friendly gatherings are a wonderful opportunity to pick up quilt kits, connect with fellow quilters, share ideas, and enjoying some quilting camaraderie. Whether you can complete one quilt a year, or several, every contribution matters.

Ready to get involved? Contact us at the email address below to request a quilt kit, or visit us at the upcoming Mingle (November 2nd 2026). We can't wait to quilt with you and make a difference – one stitch at a time.

outreach@royalcityquiltersguild.ca

My Own Place Guelph

The Royal City Quilters' Guild recently supported My Own Place, a new local Guelph charity, by creating a dozen tea themed table toppers for their use.

MyOwnPlace Guelph – Early Help, Lasting Change

How can we tackle housing insecurity at its roots? That is the driving question behind **MyOwnPlace Guelph**. The group traces its origins to early April 2025, when 45 women from two local church groups were inspired by a presentation from the supportive housing initiative Indwell Community Homes, based in Hamilton. For years, organizers have supported neighbours in need with hot food, food banks, and clothing. But folks in need keep slipping into homelessness.

Motivated by the Indwell example, a small group formed a faith-inspired community initiative to tackle the root causes of housing insecurity and homelessness, officially incorporating as a not-for-profit in July 2025. Participants are expanding their support with an initiative that focuses squarely on early help for lasting change – in other words, prevention. They advocate and raise funds with a long-term goal of bringing



permanent, affordable housing paired with embedded, interdisciplinary support services to Guelph and Wellington County. The group has recently received charitable status.

MyOwnPlace Guelph concentrates on long-term stability, not emergency shelters or transitional housing. Their focus is households at risk of losing their homes, and individuals with nowhere to go after a hospital stay. By pairing dignified, low-cost housing with 24/7 on-call assistance and support for health, wellness, and independence, they aim to help households maintain a lasting home.

To learn more about their mission, their advocacy, their fundraising and their emerging projects for helping the un-housed to turn spaces between four walls into a home in which they want to live, visit myownplaceguelph.ca.

Reference Sizes for Community Outreach Quilts

Quilt Sizes

Outreach Projects:

QOV Minimum of 55" x 70" to a maximum of 72" x 84"

Habitat for Humanity minimum of 60" x 80" to maximum of 72" x 84"

Other Organizations:

Linus Baby 36" x 36" to 40" x 40"

Linus Children 40" x 40" to 50" x 60"

Linus Teenagers up to 60" x 70"

Victoria Quilts can be 50" by 70" +/- 2". Quilt must be backed with Flannel. Or, if you would like to make a top only, RCQG will donate for you.

Children's Aid accept the same as Linus; however if intended for a teenager, please make 60" x 80".

Other Useful Sizes:

Baby Quilt 40" square +/- 3"

Crib Quilt 28" x 51"

Twin with 6 inch overhang 51" x 81"

Double with 6 inch overhang 67" x 85"

Queen with 6 inch overhang 72" x 86"

Small Throw 42" x 60" +/- 4"

Medium Throw 54" x 70" +/- 6"

Large Throw 70" x 70" +/- 10"

The +/- on the throws is to be used to adjust the patterns based on the block size and/or border width as required

Mingle-Quilts of Valour

Important Notice: date change to November 2nd 2026.

Join us for a fun- filled day of quilting, community and creativity.

Date: November 2nd 2026

Time: 10 am to 4 pm

Location: Royal Canadian Legion branch 234, at 57 Watson Parkway S. in Guelph.

We'll have coffee, tea, snacks and – of course – plenty of good company.

What to bring

- your lunch
- a mug
- basic sewing tools
- a project

Pick up a kit for Quilts of Valour. I hope you'll consider joining us for this project. Whether you make one block, one top, or several, your contribution will help us share comfort and kindness to veterans who have served our communities and country.

Over the years, we have streamlined and refined our set up and tear down routines, making the process quick and easy. However, we do need a few helping hands. We require 3 to 4 people to assist with set up and 3 to 4 people to help with teardown. If you're able to lend a hand, please reach out to April. Your assistance is greatly appreciated and helps make our Mingle days run smoothly. Come for the sewing, stay for the friendship and remember there's always room for one more.

September Mingle Update

Celebrating National Jelly Roll Day: The day was well-attended, with quilters coming together to celebrate one of quilting's most popular pre-cut fabric collections Thank you to everyone who participated and helped make the day an enjoyable community event.

April T

Let's Sew at Buy the Bolt!

Our next Buy the Bolt Sew Day is October 14th. We have room for eight people. Watch your inbox for the invitation and RSVP to grab your spot early. Thank-you! to Jeff and Heather Fisher, owners of Buy the Bolt.

Buy the Bolt: Second Wednesday of each month, 9:30 am to 3:30 pm. Located at 450 Woodlawn Rd. West, Unit 11 in Guelph. Any questions? Contact April using contact information in the Guild Directory.



RCQG 2026 Retreat Update

RCQG's third annual sewing retreat is at Hidden Acres Mennonite Retreat. Mark your calendar now for November 22-26! It's not too late to register – we have a few spaces left!

Hidden Acres Mennonite Camp & Retreat Centre is located at 1921 Line 37 in New Hamburg, Ontario. For more information about the venue, visit their website <https://hiddenacres.ca>. The cost for our retreat is \$483 for shared rooms and \$550 for single occupancy rooms. This price includes 12 meals, four nights lodging, day / evening snacks, gratuities, and a table for all your equipment and projects.



Please visit RCQG's online store at <https://rcqg.square.site> to register. While payments are non-refundable, they can be transferred to someone else should an emergency arise that requires you to cancel your attendance. In that unlikely case, we will try to help you find someone interested in purchasing your spot.

All participants will need to bring sheets, towels and pillowcases. Pillows and blankets are provided. Two weeks prior to the retreat, Monica will ask for all dietary restrictions so the caterer can do her best to accommodate any special dietary needs (e.g. food allergies). Please note the venue is accessible and accommodating. We look forward to spending the last week of November with you! If you would like to help plan activities for the retreat, please reach out to April T. We want to hear your best ideas! Our email addresses are in the Guild directory.

Retreat Organizers:
April T & Monica F

Membership

The frost is on the pumpkins in my part of the world and Thanksgiving is just around the corner. I am thankful for many things, and among them is our wonderful Guild! Thanks to all of you for your fellowship and generosity in sharing your talents.



Welcome to Our New Members! Please join me in welcoming 6 new members since our last newsletter: Carol B., Martha K., Kathy R. Carol C., Sharon N.G. and Joan R. If you meet them online or in person – please say hello!

Refer a Friend Program

The program continues this year. For each new member you refer, you'll receive a **\$5 refund** (up to \$45).



Fall Fireside Chat

An email invitation went out to all new and executive members on September 14th with an RSVP deadline of **October 5th**. If you have not yet replied, please take the time to send me an email. It is always an informative and inspiring evening.

Membership Handbook & Directory

The updated 2026/27 Membership Handbook and Directory will be sent to all members on October 13th. If you have changed any of your information, just drop me a note before then at: membership@royalcityquiltersguild.ca.

ZOOM invitations for Monthly Meetings

For the benefit of new members and as a reminder for existing members, here is the link to the website should you have any issues with signing into the Zoom Monthly Meetings:

<https://royalcityquiltersguild.ca/activities/2026-2027-monthly-meetings/>

Also, at the link above is a reminder about missing or non-receipt of the zoom link. We want to make sure that all members can attend the live meeting if desired. In short, please make sure you have your zoom email by the Monday of the meeting week. If not, either retrieve it from groups.io as indicated in the link above, or reach out to me as soon as you can so that we avoid last minute troubleshooting.

Until next time we “chat”,

Sharon B

Membership Convener-2026/27

membership@royalcityquiltersguild.ca.

Show and Share Presentation and Quilt Whispering

Submissions for both Show & Share and Quilt Whispering are due by 7pm Eastern on the Saturday prior to our regular monthly meeting.

You can submit your photos by using the "Get Involved" page on our website (<https://royalcityquiltersguild.ca/get-involved/>) and clicking on the “Submit to Show and Share” button to upload and describe your finishes. Or you can email your photo(s) and descriptions to showandshare@royalcityquiltersguild.ca, ca

Let’s celebrate the creative ways RCQG members make space for quilting – big or small!

Would you like some quilting design help for a quilt top? Photos of your quilt tops for Quilt Whispering can be sent via the “Get Involved” page of the Guild website or by e-mail to showandshare@royalcityquiltersguild.ca We select one submission per month for our group collaboration.

We’d love to see your latest projects! Click on the box at right to see the Show and Share from the last meeting.



RCQG
Show and Share
September 2026

Upcoming ...

Click on the image for any updates

The poster features a vibrant, multi-colored quilt border. In the top left corner is a diamond-shaped quilt block with a blue and white pattern. The main text is centered on a light green background. The title 'International Quilting Day' is in a large, black serif font, with 'March 20, 2027' in a blue sans-serif font below it. The time '10 am to 5 pm Eastern' is in a black sans-serif font. Below a horizontal line, the text 'Two keynote speakers • Three concurrent sessions' and 'Virtual quilt show' is displayed. A blue rounded rectangle contains the details link 'royalcityquiltersguild.ca/iqd2027'. At the bottom, it says 'Free for RCQG, WCQG and YHQG members' in italics.

8th Annual Virtual Celebration of

International Quilting Day

March 20, 2027

10 am to 5 pm Eastern

Two keynote speakers • Three concurrent sessions
Virtual quilt show

Details: royalcityquiltersguild.ca/iqd2027

Free for RCQG, WCQG and YHQG members

Stash Busters

Thank you Adriana F. and Sue F.

We recently gathered for a special luncheon to thank Adriana and Sue for their many years of leading our Stash Busters group. After all these years, they've decided it's time to step back from the leadership role and have more time to enjoy other activities. While we'll miss having them at the helm, we are very happy that they're not going anywhere.

They have helped make our group the fun, welcoming, and special place that it is, and we're so grateful for everything that they have done. We hope they know just how much they are appreciated. Thank you, Adriana and Sue, for all the years of friendship, leadership, and of course lots of stash busting.



October/November

April T S will guide us through Delectable Mountains from Border Creek Station. See [Delectable Mountains \(link updated Aug 18, 2026\)](#). This versatile pattern is scrap-friendly, fat-quarter-friendly, and yardage-friendly, making it a wonderful choice for using up fabrics from your stash.

The quilt is made from a single block. The blocks can also be made in different sizes, depending on how large you would like your finished quilt to be, and the sizes of your scraps.

What makes this pattern fun and interesting is the many different ways the blocks can be arranged. Be sure to take a look at the various layout options provided with the pattern.



Opportunity for RCQG stash buster members

One of the things I appreciate most about our group is that we share two wonderful goals; enjoying our quilting journey and helping others through our craft.

While Stash Busters was founded on the idea of creating quilts from fabrics already in our collections, our outreach program provides an additional avenue for members who wish to contribute to charitable quilting projects. To support that effort, we make donated fabric available for outreach use when needed.

The outreach fabric is not intended to replace stash busters, but rather to ensure that everyone who wants to participate in creating charitable quilts has the opportunity to do so.

While this offer is intended for Royal City members, I wish to remind other guild members that their own guild may be able to provide them with kits as well.

If you've ever considered making a quilt top for outreach, I encourage you to give it a try. Whether you choose to sew from your own stash, use donated fabric, or combine the two, every quilt top helps bring warmth, comfort, and encouragement to someone in need. Even one quilt top can make a meaningful difference.

If you are interested in taking on one of the kits, please let me know. The only thing I ask is that you are local enough that I can get the kit into your hands without too much trouble. If you would like one, just send a message to

outreach@royalcityquiltersguild.ca

Thank you for your continued support, generosity, and dedication to both the group and our communities.

Sincerely,

April T

RCQG Outreach convener

Guild Library

Our library collection of over 300 books is available for borrowing. A selection of books was at the September Mingle, featuring our considerable number of Jellyroll and Precut patterns, as well as two boxes of scrappy quilt patterns. At the next in-person gathering, for Quilts of Valour, October 26th, there will be a different selection of books present. As I did the inventory, I was reminded about how many of these books I want to borrow, to refresh my quilting ideas and get inspiration.

Do you want a book for something specific? You can go to the RCQG website and click on the library, a drop-down item under Resources. By selecting "All quilts", you may browse all our books by alphabetical order, using Authors or using Titles. If you want to see a shorter list of something like "Art" books choose Art in the box. Once you have found a book you would like to borrow, you may contact Ann J at [annjeffrey44\[at\]gmail.com](mailto:annjeffrey44[at]gmail.com) to request it. If it is not out on loan you will be able to arrange to get it. Books may be returned at the next Mingle or may be dropped off by pre-arrangement to Ann.

What's Up At the Canadian Quilters' Association (CQA/ACC)

This month, we have information about the Trend-Tex and Youth Challenges as well as some other announcements.



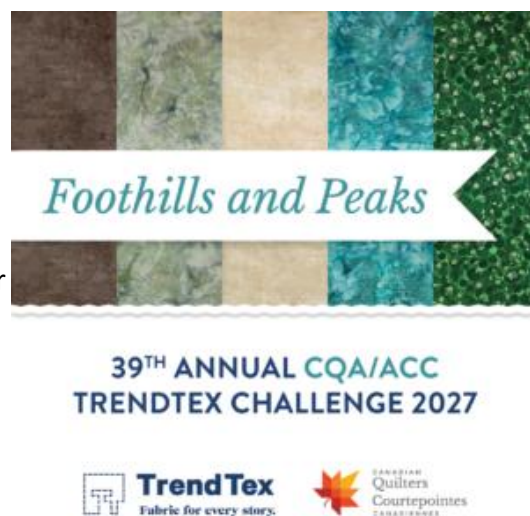
JN Harper Youth Challenge. Everything you need to know about supporting a young (5-19) Canadian aspiring sewer/quilter to enter this challenge program is posted [here](#) on the CQA website (scroll down a bit).

What's involved? Email the challenge coordinator to request the fat quarter that must be used on the front of the quilt. There is no cost and I will bring a fabric sample to a meeting and post a photo. Then the creativity starts. The young person designs and assembles the quilt by hand or machine using a design or technique of their choosing. The quilter is responsible for most of the work. The quilt must be 3 layers, maximum 140" perimeter, reflect the theme "My Happy Place" and without text. Other requirements are outlined on the info sheet on the CQA website. Between February 3 and May 2, submit a photo and information about the quilt as part of the application form, along with contact info from a sponsor – this could be an individual, or a quilt guild, or quilt shop that is a member of CQA.

There are some pretty terrific prizes and awards. Photos of all entries are posted on CQA website from May 11 to June 12, when anyone can vote for Viewer's Choice. The quilt with the most votes in each age group receives \$100. Quilters can also submit their quilts to hang at Quilt Canada in Calgary, June 16-19 where visitors vote for their favourite quilt in each age group. At the end of the show, Janome awards sewing machines to the top 3 vote-getting quilts in each age group. Quilts are returned to the makers and a follow-up story is published in Canadian Quilter.

Members and guilds are encouraged to mentor young quilters. Maybe you have a child or grandchild that might be interested in a new challenge, or what about a young person related to a friend who isn't a quilter or sewer, or maybe a next door neighbour, or the kid down the street: they are the future of the art!

TrendTex Challenge: This challenge serves as a fundraiser for CQA. The theme for 2027 is Foothills and Peaks. Kits with 5 Fat Quarters are now available for order online for \$25. Based on the successful introduction of bags as eligible entries last year, both bags and small quilts can be entered this year. You may add up to 3 additional fabrics, use any design or technique and add embellishments. The quilt must have a perimeter no larger than 120", have a label and hanging sleeve. To be included in the judging for awards (up to 6 judged awards and viewers' choice), entries are due by May 20. All entries are included in the online auction that takes place during Quilt Canada. Additional information, including how to order the challenge kit and the application form, can be found [here](#).



News from Canada's Quilting Community. This month the Canadian Quilter website has great interviews with two Canadian quilters. First is a story with Chriss Colman, winner of Excellence in Workmanship and Piecing and Abstract and Improvisational Awards at Quilt Canada 2026. Chriss describes the ups and downs of her quilting journey in the interview [here](#). Esperanza Aldrich won the Viewers' Choice Award and a Judge's Choice award for her Every Child Matters quilt at the National Juried Show (NJS) in Winnipeg in June. Photos do not do this quilt justice because of its 3D effect. Click [here](#) to read the story.

Jane S, CQA Liaison

Advertisements

We would like to thank all our advertisers for their continued support of our Guild. Please support our local quilt stores and service providers! Clicking on an advertisement will take you to that company's website. If you would like to advertise your business within our newsletter, please contact:

[advertising\[at\]oyalcityquiltersguild.ca](mailto:advertising[at]oyalcityquiltersguild.ca)



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A Quilter's Dream Getaway in the Heart of St. Clements

Escape to a luxurious retreat made with makers in mind. Nestled minutes from the charming St. Jacobs Market, Anita Retreat is a beautifully curated home designed for those who love to create, connect, and unwind — all in refined style. Comfortably sleeping 14 guests, with 12 beds, this home is the perfect creative retreat.

What Makes Anita Retreat Perfect for Quilters?



Dedicated Crafting Stations: Each guest enjoys a personal 6-foot table, with 3 design boards



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June 16-19, 2027



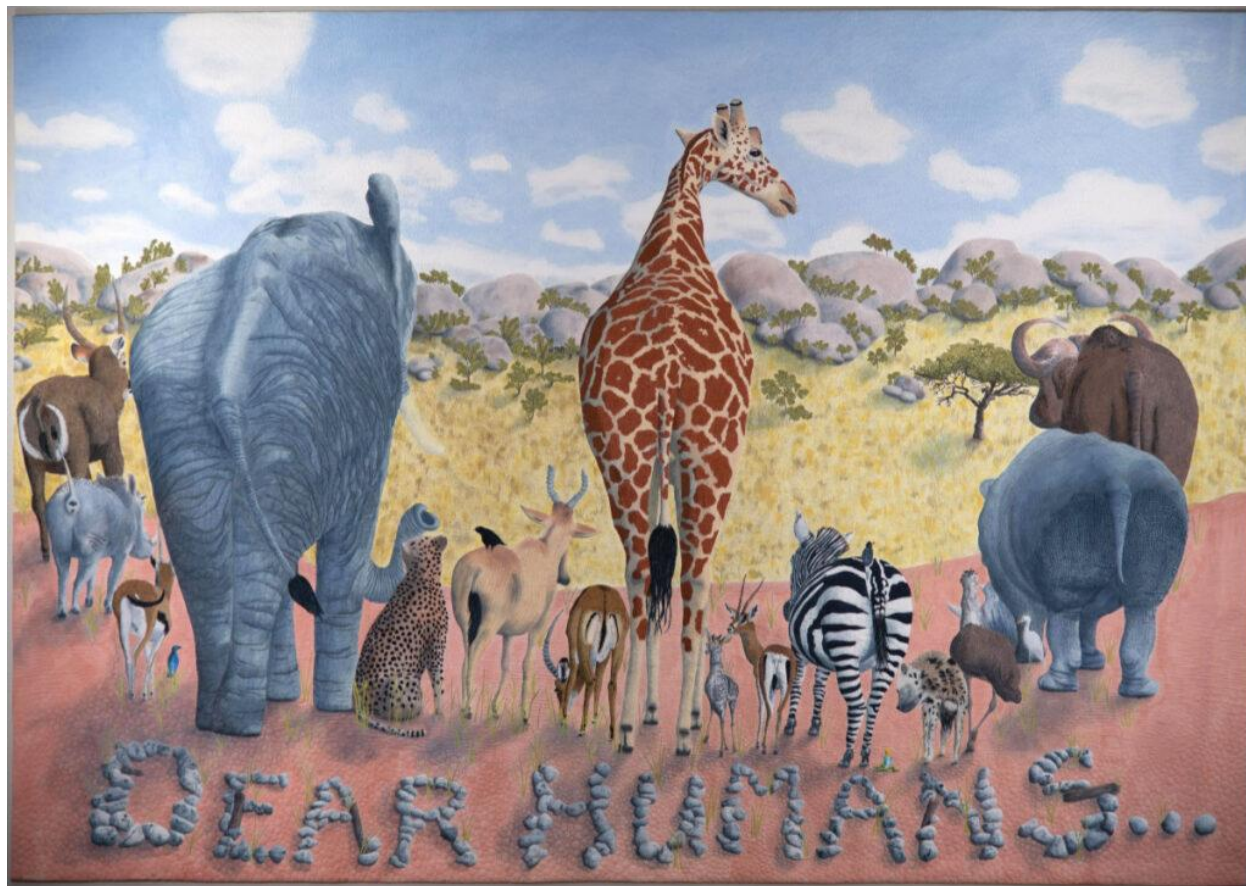
Sue Sherman at Homer Watson

Many RCQG members will remember Sue Sherman's inspiring visit to our guild a few years ago, while others may have admired her award-winning wildlife quilts at Quilt Canada and other major exhibitions. Now there's an opportunity to experience her work up-close right here in our area.

Sue Sherman is an internationally recognized fibre artist from Newmarket, Ontario, known for her breathtaking wildlife art quilts. Using hand-painted dyes, thread painting, and free-motion quilting, she transforms fabric into remarkably realistic portraits of animals, often inspired by her own photography. Her work combines extraordinary technical skill with a deep commitment to wildlife conservation and environmental awareness.

The Homer Watson House & Gallery is currently featuring an exhibit of Sue's work—a wonderful chance to see the detail, artistry, and emotional impact of her quilts in person. If you enjoyed her presentation at RCQG or have ever stopped in your tracks to admire one of her quilts at a show, this exhibit is well worth a visit.

Learn more at <https://homerwatson.on.ca/whats-on/sue-sherman/>

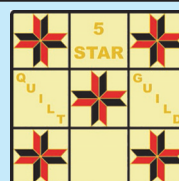


Five Star Quilt Guild

Simply Serene

Friday, October 23 **Saturday, October 24**
 10 am to 5 pm 10 am to 4 pm

Teeswater Culross Memorial Community Centre
 19 Marcy St. E., Teeswater (accessible)



Tickets
 \$2 ea. or
 3 for \$5

Featuring:

Rhonda Bennett "Odds and Ends"
Trunk Show: Friday 11 am to 2 pm
Saturday 11 am to 1 pm

Lunch
Available

Vendors
& Displays

Admission
\$10 (cash)
Men Free!

A vibrant, abstract graphic featuring a collage of colorful, translucent fabric strips in shades of purple, green, yellow, and orange, creating a textured, layered effect. The text "World of Threads Festival" is overlaid in a large, white, serif font.

World of Threads Festival

World of Threads 2026-27

Location: Oakville, Ontario, Canada

Dates: Sept. 23, 2026-Jan. 17, 2027.

Open 7 days a week. Admission is FREE

Hours: Mon. - Sat. 10 am-5 pm. Sun. 12-4 pm.

Address: Queen Elizabeth Park Community
and Cultural Centre,
2302 Bridge Rd, Oakville, Ontario, Canada,
L6L 2G6

Seasons

10C 1st Floor Gallery

Come see the show and celebrate the seasons that make Canada home. From the vibrant colours of fall to our fleeting spring, rediscover the beauty of Canada through every season. Drop by and see the exhibit Monday-Friday, 9-5 from October 1-30,

Artist's reception
Oct 17th, 3-5pm

Retrospective 25 Years

10C 2nd Floor Sunroom

California changed everything. Discover some of the stops in my journey from traditional quilter to eclectic textile artist. Drop by and see the exhibit Monday-Friday, 9-5 from October 1-30,

Artist's reception
Oct 17th, 3-5pm



Upcoming Art Shows and Workshops by Joan Hug- Valeriotte

Shaded 4 Patch Quilting Workshop

Join award-winning quilt and textile artist Joan Hug-Valeriotte for a three-day workshop where you'll create your own quilt top while learning the fundamentals of colour, value, and quilt design.

November 5, 12, & 19
9am-4pm
Guelph Farmers Market



For more Information:
info@10carden.ca
519-780-5030