

# RCQG October Newsletter

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**September Newsletter**  
**Royal City Quilters' Guild**  
**Guelph, Ontario, Canada**

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## **Guild Meeting**

**Next Guild Meeting:**  
**Tuesday, October 12, 2021**  
**7:00pm ET on Zoom**

### **MEETING ACCESS**

The Zoom link will be emailed to all members and guests on the day before the Guild meeting by Becky Fiedler.

### **MEMBERSHIP AND GUEST PASSES**

To renew your membership or purchase a guest pass visit the [RCQG store](#).

### **VIDEO RECORDING**

If you miss the meeting, don't worry! The Guild meeting will be recorded and the link emailed to the membership within about 24 hours.

### **ZOOM, ZOOM!**

Please update Zoom before the meeting. Visit the [RCQG Zoom How-To](#) to learn how to update Zoom, and for a Zoom video tutorial.

### **NEWSLETTER**

The newsletter ends with the RCQG Sew Safe Policy. If you are unable to view the entire newsletter, visit the [RCQG Newsletter Archives](#) to see the full version. If you would like to advertise in the newsletter, please get in touch with Jane Londerville (advertising [at] royalcityquiltersguild.ca)

### **EMAILS**

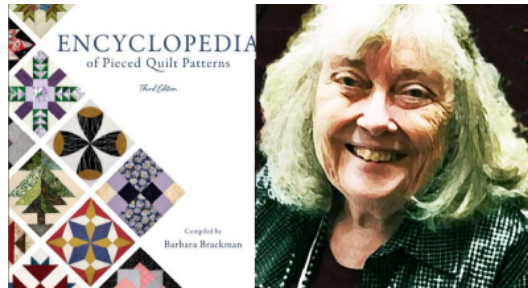
Any email addresses listed in the newsletter are written in the following format to prevent spam:

namename [at] server.com

To send an email, replace [at] with @ and remove the extra spacing.

All addresses are also available in the Guild Directory.

## **October Programme**



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## BARBARA BRACKMAN

Barbara Brackman offers so many wonderful trunk shows that it was hard for the programme committee to choose, so the membership voted and this is it! Brackman is a quilt historian from Kansas. She explores women's history through quilting. In *Out of Control: Quilts that Break the Rules* Brackman will share about quilts that break the conventions of quilting.

[visit website >>](#)



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## SHOW & SHARE

To participate in Show & Share please email a photo of your quilt (preferably with you in the photo too!) to Susan Thompson (showandshare [at] royalcityquiltersguild.ca ). Include your name, the name of the quilt, the pattern, and the quilter. During the meeting Susan will project the photo for all to see and you'll be asked to speak about it.

**Deadline for photos:** 7pm on the Sunday night before the meeting.



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**Welcome Back!**



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Sharing the Harvest quilt designed by Karen Walker

The Executive wants to extend a big welcome back to all members both new and old. We're so glad you've decided to join us for another year of camaraderie and quilting.

We're doing a lot of work to ensure that all members feel welcomed and to provide opportunities for you to find a place within our guild. If you are a new or returning member of the Guild and are looking for fellowship, you can meet people at the following online events:

**Breakout Rooms** - following every Guild meeting

**Saturday Sew Days** - Saturday following the Guild meeting at 10:00am

**Stash Busters** - First Wednesday of the month from 9:30am-3:30pm (Oct 6)

**Art Quilts** - First Tuesday of the month from 1:00pm-3:00pm (Oct 5)

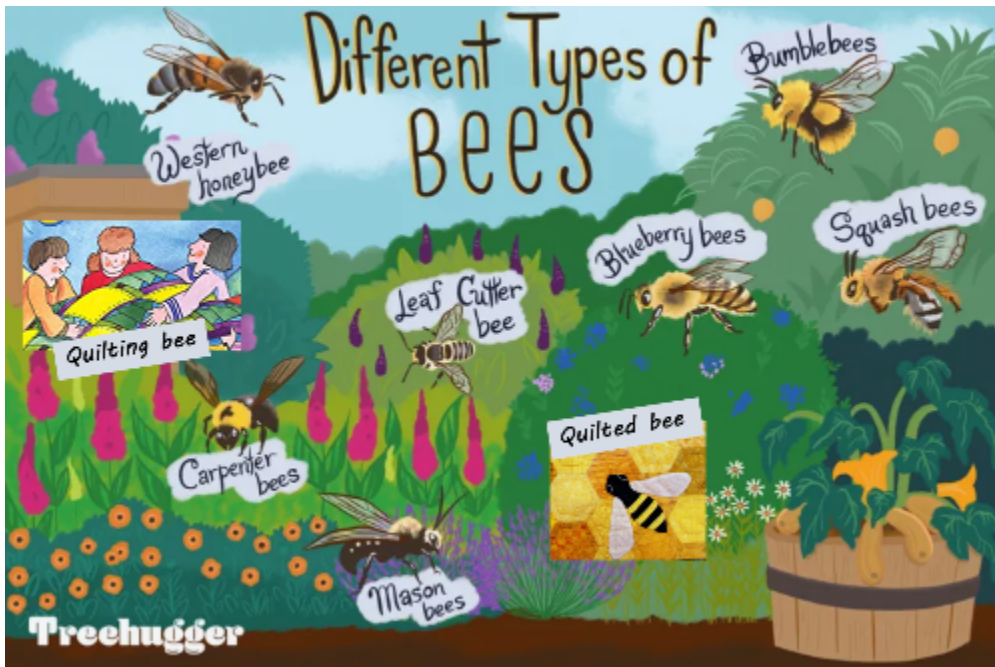
**Mystery Quilts** - Second Tuesday of the month from 7:00pm-8:30pm (Oct 12)

**EQ8 Users** - Fourth Tuesday in January, March, May, September, November from 7:00-8:30pm

**Bee Day** - Saturday, October 16 from 10am-3pm

If you're a new member please attend the **Fireside Chat on November 2 at 7:00pm** to meet some of the other new members and Executive.

## Community Outreach



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Images compiled from [here](#), [here](#), [here](#).

## **IT'S (QUILTING) BEE MONTH**

**October is our Community Outreach Committee's Bee Month 2021**

Please join us for the virtual sewing **BEE DAY on Saturday, October 16 from 10am-3pm.**

Thank you to everyone who has already requested and picked up a kit and is planning to sew for our outreach program this year. Committee members have worked hard to prepare kits to make it easy for you to participate in Bee Month and help bring comfort to someone in need. If you have not yet had the chance to sign up, it is not too late.

Taking part is simple: complete the Bee Month Participation Form by clicking the button below.

[BEE MONTH PARTICIPATION FORM](#)

## **NEW THIS YEAR**

If you'd like to make a quilt during Bee Month we have several types of kits to choose from.

We have kits to help you make a quilt top, make a complete quilt, or quilt and bind a quilt top that has been made by someone else. Community Outreach quilts are a great way to develop your free motion or edge-to-edge quilting skills.

We will have kits available at both of our bin locations and can deliver a kit to anyone who does not have access to either of the bins. Choose a kit from the bin and you can work on your comfort quilt during the month of October.

**Bin 1:** Trish's house at 12 Trillium Ct., Guelph

**Bin 2:** Cyndy's workplace at Tacoma Engineers, 176 Speedvale Ave., Guelph; available Monday-Friday from 8-4

Please join us for the virtual **Sewing Bee Day on October 16th from 10am-3pm** as it is an opportunity for us to help each other, share our progress, get to know each other better, and enjoy each other's company. If you prefer to work on your own comfort quilt project you're welcome to join us. We would love to see what you are working on. Upon completion please return your project to the bin to be included in a draw for prizes.

Each person who completes a quilt or quilt top for Community Outreach during the month of October will have their names included in a draw for prizes. Who will the lucky winners BEE?



## **THE IMPACT OF COMMUNITY OUTREACH QUILTS**

Last year 184 quilts were donated to The Guelph Wellington Sexual Assault/Domestic Violence Care and Treatment Program.

In September Betty Slack came to the Guild meeting and shared some stories of the impact of these quilts for clients of the program. This summer Community Outreach Committee members received the email below (edited to remove identifying characteristics):

*I'm not sure if I am emailing the right person, but if not, I'm hoping you can pass my message along to the right person/people.*

*My daughter is a victim of domestic violence, something that my husband and I didn't not even suspect until last week when she was badly hurt by her partner and ended up in the hospital.*

*Guelph General Hospital has been amazing and have set her up with great support. My daughter is now staying with us while she heals and gets back on her feet. Yesterday, I took her back to the hospital for an appointment with nurse Betty (the forensic nurse). My daughter was reluctant to go, and was apprehensive about talking about what has happened to her, as she is dealing with so many conflicting emotions right now.*

*While at the hospital, Betty took my daughter to a room filled with quilts made by people from the Royal City Quilters' Guild, and told her that she could pick any quilt she wanted. Betty encouraged her to take her time and take the one that she seemed most drawn to. When I picked my daughter up after her appointment, she smiled for the first time in days as she told me all about her quilt and how it made her feel cared for by people she has never met, and that it feels so comforting.*

*Last night, I opened the bedroom door to check on my daughter in the night and found her fast asleep with her new quilt on top of her covers, and I was moved to tears. It's been a very emotional week and most of the emotions have not been welcome ones, but looking at that quilt I could imagine the love and care that was sewn into the quilt with each stitch, and I was so touched by your generosity.*

*Saying thank you does not seem adequate. I'm blown away that you would make such beautiful treasures for young women like my daughter, whom you have never even met. I want you to know that what you are doing by making these comforting quilts is such a wonderful gift.*

*I am so grateful to each one of you and hope you are blessed as you have blessed my daughter.*

**Community Outreach Bins  
for pick-up and drop-off**

**Trish Pequegnat's House:** 12 Trillium Court, Guelph (ipequegnat [at] rogers.com)

**Cindy's Office:** Tacoma Engineers, 176 Speedvale Ave., Guelph 8am to 4pm, Monday to Friday.

QUILT SIZES FOR COMMUNITY OUTREACH

**PHOTO GALLERY**

The photo gallery has recently been updated. Click the link below to see photos of beautiful quilts made for Community Outreach. Some of the quilts were made by a single person from start to finish, and others have been worked on by many hands until they were complete.

COMMUNITY OUTREACH PHOTO GALLERY

**MEMORY QUILTS**

In the June newsletter Joan Hett put out a request for Memory Quilts (24" x 24" to 30" x 30" square quilts) for the Family Birthing Unit of the Guelph General Hospital. Six wee quilts have been collected. Thanks to those who have contributed. If you have not yet dropped off a quilt that you have made, it is not too late to drop it off at 12 Trillium Court; please call Trish in advance of dropping something off. If you have any questions please contact Joan Hett.

## Membership



### **NEW MEMBERS**

The RCQG stands at 181 members for the 2021-2022 Guild year. The guild extends a very warm welcome our most recent members: **Laura Neathery, Wanda Hazlett, Jean Cloes, Patricia Harman, Joyce Pflug, and Cyndy Maltby** (returning).

### **FIRESIDE CHAT - NEW MEMBERS**

New members are invited to the New Members' Fireside Chat on Zoom. Save **November 2 at 7:00 PM** to meet other new members and some Guild executive members. Invitations will follow closer to the date.

### **2021 GUILD DIRECTORY**

Preparations are underway for the 2021 Guild Directory to be published. Please contact Helen Kocmarek (membership [at] royalcityquiltersguild.ca) with updates to your email address, phone number, or postal address.



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## September Meeting

## BETTY SLACK

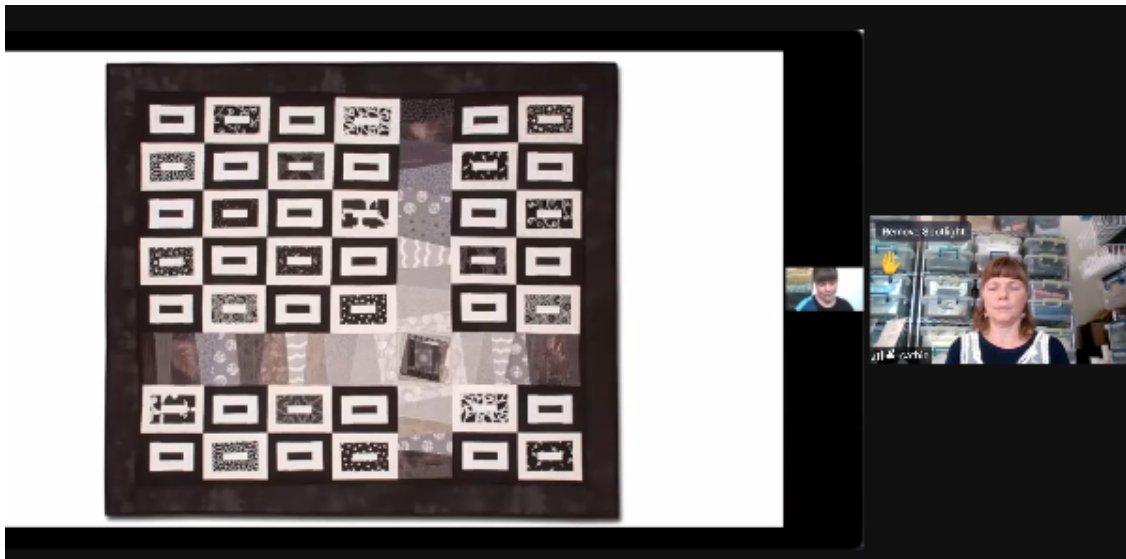
The September meeting started with a visit from Betty Slack from The Guelph Wellington Sexual Assault/Domestic Violence Care and Treatment Program.

Here are some of the things that Betty shared that stayed with me:

- The pandemic has been like we're all in an ocean on boats, but everyone has a different type of boat from a yacht to a raft. Quilts have been a constant and a point of normalcy with all the changes in our lives.
- Our Community Outreach programme that first brought quilts to the Guelph General Hospital has grown. Now other guilds also make quilts for the ICU, and the paediatric unit. This year a patient was dying in the ICU of COVID, and his children couldn't see him due to the restrictions. He had a quilt on his bed which was given to his children after his death. It has meant a lot to them to have something that brought him comfort when they couldn't be there.
- This summer a young woman drove her sister all the way from Cornwall after a sexual assault because she knew and trusted the program at the Guelph General Hospital.

*"I had no idea the power of quilts."*

-RCQG Member, Flo Belford



## CATHIE UGRIN

Cathie's trunk show in September was full of emotion as she shared her family's journey with mental illness. The image above shows one of Cathie's identity pieces in black, white, and grey that is based on a poem she wrote that describes how it feels to live "in the grey".

Cathie lead us through her series based on emotions on the theme of *Within and Without*. Cathie experiences synesthesia which means that she can feel, think, imagine, hear, and taste in colour. Her quilts use her synesthesia to explore feelings and where they come from and what they mean for her.



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## Put On Your Thinking Cap



It was decided that in 2021-2022 we will continue to host our Guild meetings online until the end of March and then we'll meet in person from April to June unless public health measures dictate otherwise. The Executive has started to imagine the opportunities that returning to in-person meetings might present for the whole guild as well as for the smaller groups that meet regularly.

In November you will be invited to participate in a process to imagine how we'll move forward in the spring. We will invite feedback from members about what you'd like to see, we'll be recruiting people to look into what is possible, and we'll be reaching out to groups to ask how they would like to proceed.

In the meantime you can start to ponder the following:

What do you value about meeting online?

What do you value about meeting in person?

When in-person meetings are allowed, will you feel comfortable attending?

Can you imagine a hybrid model of both in-person and online meetings? What would it look like?

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## Virtual Workshops



**Registration is open!** Our first workshop is scheduled for November 21, 2021. Sign up now if you are interested by [clicking here](#) to visit the RCQG online store.

### **WILD ABOUT STRINGS**

When: Saturday, November 20, 2021

Cost: \$10

Instructor: Adriana Fagan

Location: Zoom – 9:30 am to 12:30 pm (ET).

Adriana loves making scrap quilts and has recently gone wild for strings! Learn a bit of string quilt history and see the amazing quilts you can make with your cut-offs. Adriana will show many examples and teach a few basic blocks during this 3-hour workshop.

Please have the following supplies ready for class: scraps, strips and strings (less than 2”) in a mix of darks and lights; pencil; ruler; and basic sewing supplies. You will also need paper to serve as foundations. Newsprint, old phone book pages or other thin paper works well.

*Adriana's quilting career began 40 years ago when she started making quilts for Cabbage Patch dolls and progressed from that humble beginning. She learned a lot on her own, took a few classes, and fondly remembers the innovation of the rotary cutter.*

## **Summer Milady Mystery Quilt**



The second COVID-19 inspired Guild mystery took place over six weeks this summer. The quilt was designed by Judy Eckart, and the instructions were written by Leslie Buck. Two quilt sizes were possible, a large square quilt, and a quilt sized for donation to Community Outreach - thanks to the Community Outreach Committee for organizing kits.

Many participants said they'd make this quilt again. They also enjoyed the shorter timeline of this mystery. Anyone who likes the pattern can find it on the [RCQG website](#).

Thanks to everyone who participated!

## **CQA News and Events**



The most recent CQA/AAC newsletter listed two new Facebook groups that they've started:

[Quilting in Canada](#)

[CQA Quilting Projects](#)

CQA/AAC has started to offer webinars twice a month throughout the year. Tickets can be purchased online, [here](#) is the schedule.

CQA/AAC has announced the 2021-2022 challenges - from a youth challenge to a fabric challenge. Read all about the newest challenges [here](#).

## **RCQG Calendar**

The Guild has lots of online offerings, from Stash Busters, to Special Interest Groups, and workshops.  
Find all the happenings here:

[RCQG Calendar of Events](#)

## Neighbouring Guilds



### YORK HERITAGE QUILTERS' GUILD

October 19: MJ Kinman, Gems & Joy, [mjkinman.com](http://mjkinman.com)

October 21 (9:30-4:30): MJ Kinman, Workshop: Bite Sized Gem Quilts

November 16: Cheryl Arkison, Scraps vs. Scrappy [www.cherylarkison.com](http://www.cherylarkison.com)

November 20 (9:30-4:00) Cheryl Arkison ,Workshop: Make Words Not War

November 23 (9:30-4:00) Charyl Arkison, Workshop: Scruptastic!

February 15: Brandy Maslowski, A Quilter's Journey [www.quilteronfire.com](http://www.quilteronfire.com)

February 22 (9:30-4:30): Brandy Maslowski, Workshop: Healing Stitches

February 26 (9:30-4:30): Brandy Maslowski, Workshop: Colourways

March 15: Carolina Oneto, Playing With Colour Value [carolinaoneto.com](http://carolinaoneto.com)

March 26 (9am-12pm): Carolina Oneto, Workshop: Organic Shapes

March 29 (12pm-4pm): Carolina Oneto, Workshop: Curves and Transparencies  
(and more!)

### WATERLOO COUNTY QUILTERS' GUILD

October 20: Jenny Doan, A Conversation with Jenny

Doan, <https://www.missouriquiltco.com/>

October 23: Bridget O'Flaherty, Workshop: Easy Peasy Thread Painting by Numbers

### GRAND QUILT GUILD

October 13: Sue Sherman, National & International Award Winning Quilt Artist and Teacher

November 10: Elizabeth DeCroos, Pojagi: From Ancient Korea to Modern Canada

December 8: Valerie Wilson, Uncovering Art Quilts

January 12: Sharon Blackmore, Express Yourself

February 9: Mary Elizabeth Kinch, Trunk Show

### MISSISSAUGA QUILT GUILD

October 7: Dawn Hunt, Valuing Your Quilts [www.fibrework.com](http://www.fibrework.com)

November 4: Julia McLeod, Silk and Salvage: A Story of Collaboration  
[www.juliamcleodquilts.com](http://www.juliamcleodquilts.com)

January 6: Kim Caskey, Tour of Japan [www.kimcaskey.ca](http://www.kimcaskey.ca)

February 3: Jackie White, Trunk Show [www.jackiewhitequilts.com](http://www.jackiewhitequilts.com)

March 3: Melissa Marginet, Myth: Quilting is an Expensive Hobby

April 7: Nancy McCracken, Trunk show

May 5: Robin Bogaert, Trunk Show [www.quiltingintheloft.com](http://www.quiltingintheloft.com)

### REGION OF YORK QUILTERS' GUILD

October 27: July Lyons

November 24: Al Cote <https://www.imaginationtextile.com>

January 26 TBD

February 23: Peter Byrne [www.peterbquilts.com](http://www.peterbquilts.com)

March 23: Arlene Nicholas, My Quilting Journey

April 27: Carla Alexiuk, Things I have Learnt from Quilting  
[www.quiltingbytheriver.ca](http://www.quiltingbytheriver.ca)

## Show & Share

By clicking the button below you can view the entire Show & Share gallery from the last Guild meeting.

[Show & Share Powerpoint](#)



Bonnie Sands

“Northern  
Lights”

Quilted by: Joan  
Hug-Valeriotte



**Questions or comments about the newsletter?**

Email: newsletter [at] royalcityquiltersguild.ca

Any member of the Guild may submit content for the newsletter by sending it to the email address above.

Please note that submissions may be edited for clarity and length.

Newsletters are published on the first Tuesday of the month, one week before the RCQG meeting.

All content must be received on the Sunday nine days before publication.

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**Our mailing address is:**

Royal City Quilters' Guild

P.O. Box 24030

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