

November Newsletter RCQG

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Royal City Quilters' Guild November 2019

NEXT MEETING:
Tuesday, November 12, 2019
Three Willows Church
577 Willow Road, Guelph

6:30 Library opens
6:30 Membership table opens
7:00 Guild meeting begins

Reminder to bring:

Name tag
Library books and library card
Workshop fees (cash or cheque)
Cash for quilt raffle tickets (see poster below)

Comfort quilts and BOMs
Items to donate to the December garage sale



November Program

We're excited to announce that our guest in November will be Diane Carson (Libs Elliott has cancelled). Diane is a longarm quilter who has won ribbons at CQA shows. She started longarm quilting in 2000 and is the Longarm Representative for CQA. Read more about Diane [here](#).



December Program

December Meeting

Our December 10, 2019 meeting will be a potluck dinner. This is a time to spend with our quilting friends. Details about the potluck will be provided in next month's newsletter.

Placemat Exchange

Members who wish to participate in a placemat exchange are encouraged to get sewing. The guidelines are very easy, the choice is yours: any pattern, any colour, any technique. Placemats are to be wrapped and anonymously exchanged at the December potluck.

Garage Sale

The Guild will host a garage sale at the December meeting. Members are welcome to bring any fabric, tools, etc. they wish to sell. There are two options for participating in the garage sale: you may set up a table (and keep the proceeds), or you may donate items for the guild tables (proceeds to the guild).

Donated items - If you wish to donate items to the Guild tables, please bring the items to the November meeting. Pat Donovan will collect them at the workshop table.

Your own table - If you wish to have a table of your own (or with a friend), please reserve with Pat Donovan. A donation to the Guild will cover the cost of the table. Please reserve early, as table space is limited.

Volunteers are needed for the set up and take down of the tables and chairs for the dinner and garage sale, and to help staff the Guild's garage sale tables. If you are able to help with these responsibilities, please let Pat Donovan know. Thanks in advance for your help!

RCQG'S
QUILT RAFFLE
DRAW AT DECEMBER MEETING
Makes a Great Gift



"ANY WHICH WAY"
54" X 66"
PIECED BY WENDY OSKAM
QUILTED BY JOAN HETT

"FIFTH GRADE QUILT" BY
ME AND MY SISTERS DESIGNS

TICKETS ON SALE
ONLY TO GUILD MEMBERS
\$2 OR 3/\$5
AT THE NOVEMBER & DECEMBER
GUILD MEETINGS
SEE MICHELLE KURTZ
ALL PROCEEDS GO TO THE GUILD



Member Spotlight

Guild Member: Dayna Passmore

Quilt Title: Ginger Rose Quilt

Pattern: Nancy Murthy

Dayna Passmore has been a member of the RCQG since 2012, and it all started with a wedding quilt for her son.

Dayna was on holidays with her husband and mother in Buckhorn in September 2012 and the Buckhorn Area Quilter's Guild

was having a quilt show. Although Dayna wasn't a quilter, she went to the show one afternoon. She saw a gorgeous quilt hanging at a vendor booth that she fell in love with. After leaving the quilt show, she discovered that the quilt she had seen was imprinted in her mind.

That very night Dayna was driving home when their holiday was cut short after a storm blew over a tree and their cabin was left without electricity. As she drove, the image of the quilt kept popping into her mind along with a message: "You've got to do that quilt!" She kept trying to convince herself that it was crazy to make a quilt like that when she knew nothing about quilting, but by the end of the drive home she was convinced. Luckily she had pocketed the vendor's card and called to order the quilt kit.

When Dayna and her husband were married, her mother-in-law had made them a wedding quilt. Now their son was about to get married, and Dayna knew this quilt was going to be his wedding quilt. After hunting for enough coordinating fabric to turn the kit into a king size, and of course, after learning to quilt, Dayna finished the quilt in time for her son Jeremy and daughter-in-law Emily who were married September 14, 2013.

Dayna made some wonderful friends along the way. This wedding quilt introduced her to her good friend Joan Hug Valeriotte who did the longarm quilting, and helped her with the binding. RCQG members Nancy Wells, Carol Cousins and Pat Gagne lived on Dayna's street and all stepped up to help her make the quilt. When the quilt was finished her quilting friends invited her to her first Guild meeting to show off the quilt.

Dayna is moving to Ottawa in July 2020. The friends she made through quilting and through the Guild have become lifelong friends whom she loves and will miss dearly.

Community Outreach

Reminder that Bee Day is being held on Saturday, November 9 at Three Willows Church from 9:30am to 3:30pm. If you signed up in October, bring your sewing machine, sewing supplies, and your lunch. We'll provide the kits and snacks.

COMFORT QUILT SIZE

Front Dimensions: 50" to 54" width by 60" to 66" length

Backing & Batting Dimensions: 60" width x 72" length

Binding Requirements: 2.5" wide x 264" length (or 7 strips 2.5" wide by WOF)

Preferred Material: Cotton or flannel

[Click here to visit the website for more details.](#)

Block of the Month - Jelly Bean

Fabric:

Pick up a kit at the outreach table, or use your own fabric (stash buster, or jelly roll, or 2 ½" strips).

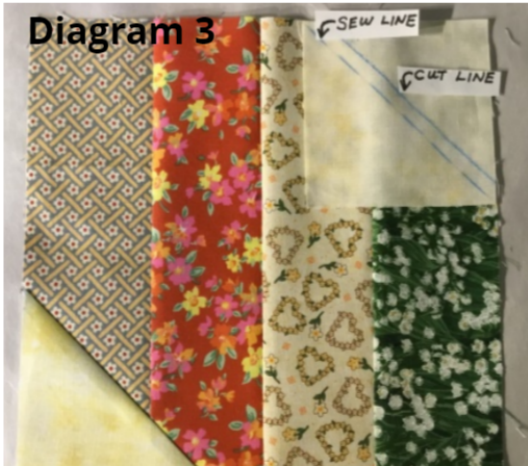
4 – 2 ½" x 8 ½" strips

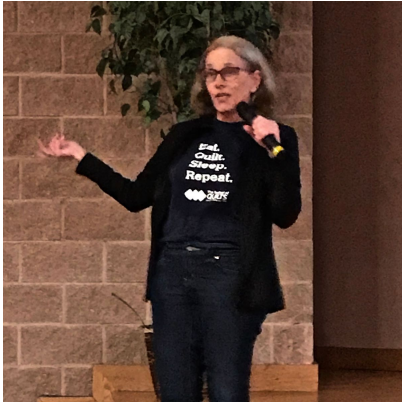
2 – 3 ½" x 3 ½" squares (solid colour)

Piecing Instructions:

1. Use a scant ¼" seam allowance to sew together four 2 ½" x 8 ½" strips in contrasting shades and colours (ensure the colours complement each other). This is your main block (**Diagram 1, Diagram 2**).
2. Ensure your block measures 8 ½" x 8 ½" square. Press seams all in one direction.
3. Draw a diagonal line from corner to corner on the wrong side of the two 3 ½" squares (yellow in **Diagram 3**).
4. With right sides together, attach the two yellow 3 ½" squares to opposite corners of your 8 ½" main block. We will be snowballing these corners (**Diagram 3**). Sew on the diagonal line, then use a ruler to trim ¼" from the seam line. Open the triangle out, press seams toward the yellow triangles (**Diagram 4**).
5. Sew the corner cut-offs together into a half-square triangles (they will be used in the quilt border) and deliver the completed block and HSTs to Community Outreach.







October Program Highlights

A huge thank you goes out to Rose Parr for our October program!

The scheduled speaker cancelled and within an hour of being called, Rose showed up at the Guild meeting with a humorous and informative talk about making our sewing and quilting spaces ergonomic.

Rose's tips to keep your body happy while sewing:

1. Place your sewing table, ironing board, and cutting station at opposite ends of the room to force yourself to get up and move your body. Motion is lotion!
2. Have something to look up at so that you don't hunch over for too long.
Examples: television, window, clock, vision board.
3. Make sure your hips/knees/elbows are all at 90 degrees for more comfort.
4. Stretch often! When your bobbin is winding, when the iron is heating up, when you're thinking about a design, take a quick break to s---t---r---e---t---c---h!

STRETCHES FOR QUILTERS

SEATED HAMSTRING STRETCH



If you've been sitting for a while, give yourself a little shake to get the blood moving and warm things up before you stretch.

to the edge of your feet.

- Straighten one leg forward, with heel on the ground and toes pointed up.
- Keeping your back straight, gently lean forward from the hips until you feel a stretch in the back of your leg.
- Do not *bend* forward
- Hinge forward from the hips, keeping the back straight
- Hold 20-30 seconds
- Repeat with your other leg.



Rose Parr,
HealthyQuilting.com

follow me on instagram
@healthyquilting

Standing Rules

Each year the RCQG is required to distribute the Standing Rules. The last updates were in October, 2018. They can be found [here](#).

Membership Directory

The 2019-2020 Directory will be emailed to the membership as an attachment before our November Guild meeting. If you do not receive the email, please contact Becky Fielder at membership@royalcityquiltersguild.ca.

Fireside Chat for RCQG's New Members

An evening of fun and fellowship!

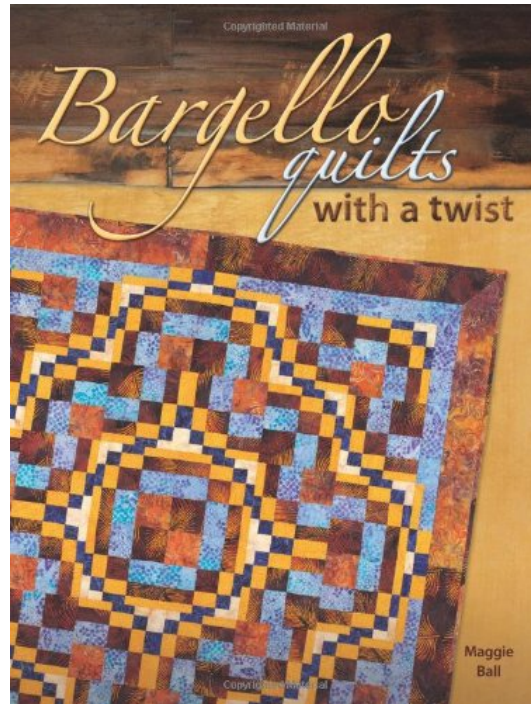
Thursday, November 14 at 7 pm
105 Downey Road in Guelph
(Parking available in the nearby plaza)

Please bring:

- a project you love to Show and Share;
- a handful of brightly coloured scraps of quilting cotton to trade; and
- a 10-inch square of a bright fabric.

Please RSVP to membership@royalcityquiltersguild.ca





Library Update

The Library will not be open at the December Guild meeting, so sign out some books this month and keep them until January!

This month the Guild librarian, Colleen Hunter, recommends borrowing Bargello With a Twist by Maggie Ball. Colleen says: "I signed the book out over the summer and was inspired to make a bargello quilt. I have gathered fabrics together and now we'll see how long it takes me to get around to making it!! There are so many variations to this quilt and it looks like a fun one to make." Check out the library and see what inspires you.

Program Volunteers

Many hands make light work. Volunteers are needed each month to help our guest speakers set up before guild meetings, and to take down afterwards. If you are able to help, please contact Patricia Donovan, or just come ready to help.

Workshop Information

Come and visit the Workshop team to see samples and sign up for a workshop or two (cash or cheque accepted). If you have any suggestions for future workshops, please let us know.

UPCOMING WORKSHOPS:

Painless Paper Piecing, (WAIT LIST) Ruth Kennedy - Sat, Nov 23 / \$40

Pockets to Go, Jackie James - Sat, Jan 25 / \$25

Magical Pinwheels, Sherri Hissy - Wed, Mar 11 / \$60

Hummingbird in Flight, Kerry Burke - Sat, May 30 / \$50

Past Presidents' Mystery (PPM): A Day of Quilting

This RCQG event is held each year on National Quilters Day. This year it falls on March 21, 2020.

The past RCQG Presidents will be hosting PPM at Three Willows Church in the Willow Grove Room from 9:30am to 3:30pm. Space is limited to 25 members and new Guild members are given the chance to sign up first for this event. You may either participate in the mystery quilt, or work on your own project. Signup will begin at the January Guild meeting.

Show and Share Changes

We're going to try to make the Show and Share portion of the Guild meetings safer and more streamlined with these guidelines:

1. Complete a Show and Share form during the break or bring a completed form with you (available at the table beside the left wall, or via the newsletter link below).
2. When Show and Share is announced, line up along the left wall with your quilt and completed form.
3. When it's your turn, hand your quilt to the assistants who will hold it up on stage.
4. **Do not go up the stairs.** The microphone will be moved away from the stairs on the main floor of the hall.
5. Share the story of your quilt.
6. **Do not climb the stairs** for your photo. Walk towards the green X that will be marked on the floor so the historian may take your photo. The assistants will meet you with the quilt.
7. Give your Show and Share form to the Historian. This is important so that you can be included in the next newsletter.
8. The next person may begin as soon as the previous person is getting their photo taken and an assistant takes your quilt up on stage.

[Download Show and Share Form](#)

Show and Share from October



BOM Comfort Quilt from September.



Wendy Oskam: Houses, comfort quilt.



Judy Parker: Bali Sea Star, stash quilt inspired by the book *Scrap Quilting Strip by Strip* by Kim Brackett. Two baby quilts from the leftovers were hand quilted by Judy.



Kathryn Douglas: L: Kafetastic Rainbow Star Sunset Colorway from the Kaffe Fassett Collective. Long Arm quilted by Linda deVries. R: We've Gone Viral Mystery Quilt, inspired by CQA Sherri Hisey. Long arm quilting by Pat Donovan.



Centre: Sea Glass Hunting made by Dianne Kirk-Benincasa for John Brans' birthday.
 Outside: String quilt and comfort quilts made from RCQG scrap bin.



Barbara Riggs: *CATS*, Inspired by Nora Dilks, McCall Quick Quilts. Hand quilted.



Colleen Hunter: *Thank You Quilt*, inspired by Quilts of Valor.



Hazel Switzer: L: *In The Wild* inspired by Janeene Scott pattern. Paper pieced and applique, quilted on a domestic machine. R: *Black & White* inspired from 2 designs in a magazine, quilted on domestic machine



**Isobel King: Mariner Compass, long arm
quilting by Rose Parr.**

Upcoming Events

Click on the buttons to open the event calendars.

[RCQG Calendar of Events](#)

[CQA Events List \(Ontario\)](#)

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Advertise in the RCQG newsletter.

Questions or comments about the newsletter?

Email: newsletter@royalcityquiltersguild.ca

Any member of the Guild may submit content for the newsletter by sending it to the email address above.

Please note that submissions may be edited for clarity and length.

Newsletters are published on the first Tuesday of the month, one week before the RCQG meeting.

All content must be received on the Sunday nine days before publication.

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