



## Executive Update

Hello fellow guild members,

I love this time of year. Although it is fall, it always feels like the start of something new. The laziness of summer is over and it's time to start thinking about the exciting guild year to come. I don't know about you, but I spent more time in my garden than quilting so I'm looking forward to getting back into my sewing room. The executive committee members had a bit of time off and also continued to work hard on the necessary details to bring you an exciting year of guild activities. I want to thank them for their dedication to our guild. You will have an opportunity to get to know each of them better over the upcoming year as we will be profiling an executive member at the beginning of each meeting.

To kick off the year, we will enjoy a presentation from Berene Campbell of Happy Sew Lucky at our first guild meeting on Sept 10th which promises to be fun and inspiring. Our virtual sew day is planned for Sept 14th allowing you to stay in your sewing room and connect with your guild friends virtually. We are also planning a Monthly Mingle on Sept 21<sup>st</sup>, to be held in Guelph to celebrate National Jelly Roll Day. The retreat being held at the end of November is filling up fast with only a few spots left. If you are planning to go, you should sign up soon so you don't miss it.

Last year we updated our website, so information is easy for you to find. I encourage you to check in there frequently to make sure you are up -to-date about the latest guild news (<https://royalcityquiltersguild.ca>). The guild calendar in particular is something I like to keep an eye on. It will show you the events, both in person and virtual that are planned for the year. Special interest group meetings are not included as they are apt to change depending on the needs of the group.

This newsletter is always full of information which has been gathered by the executive committee. Grab a coffee, go sit in your favourite chair and enjoy reading through it.

We have an amazing guild. I am proud to be a member. I want to encourage you to reach out to your friends and invite them to join us, too. Our Refer-A-Friend program will get you a \$5 reimbursement if a friend joins and they mention your name on the registration form.

Happy Sewing!  
Cindy

## Guild Leadership Update

Kim Hollingshead has agreed to serve as RCQG's Vice-President. Over 50 members have enjoyed working on the Summer Mystery Quilt under Kim's leadership. Her move into the role of Vice-President left a vacancy for the position of Secretary. Catherine Clarke has agreed to fill that office. Some of you may have gotten to know Catherine through Stash Busters or from her participation in the Summer Mystery Quilt. Thank you to both Kim and Catherine for their work on behalf of the Guild.

We will ask members to confirm these women in their new positions during the Annual General Meeting portion of our September meeting.



## Program Guest Speaker:

We'll kick start our year with Berene Campbell of Happy Sew Lucky. Berene is a modern quilt designer, speaker and community project instigator. Her quilting and sewing patterns feature inspiring messages of positivity and hope, with the goal of making the world a kinder and more peaceful place. Her presentation will be: **ALL TOGETHER NOW: Harnessing hope by working together for change.**

You certainly don't want to miss Berene or any of the other nine phenomenal speakers we have lined up for our 2024-25 year, so if you haven't already...renew your membership!



## Membership

My name is Sharon Bourque, and I am the new Membership Registrar for the 2024/25 Guild Year. I live in Sudbury, Ontario so I may not have the opportunity to meet you all in person. However, feel free to contact me anytime with questions or a "let's get to know each other" chat. Email me at [membership@royalcityquiltersguild.ca](mailto:membership@royalcityquiltersguild.ca) or call me on my cell phone at 705 920-1282.

The word is out about our wonderful Guild, and twenty-two new members have joined since June 2024. Please help me to welcome: Debra Anger; Suzanne B; Suzanne Coulson; Sandi Dueckman; Sandra Farrell; Roxane Hendrie; Alexis Hoffman; Jill Jackson; Kim Kernohan; Hanne Knowlton; Barb Law; Patricia Lewis; Laurie Mascarin; Patricia McGillis; Judith Rea; Erica Riberio; Rosemary Rosier; Sharon Ross; Alice Sikma; Kim Sugrim; Marlene Dunlap; Alexis Hoffman; and one returning member Cynthia Uhlemann. To date ten members have benefited, a few multiple times, from the **Refer-A-Friend** initiative introduced at the end of last Guild Year. This initiative will be ongoing throughout this year.

Welcome back to all our former members and congratulations to our Early Bird Draw winners Catherine Clarke and Mary Anne Girouard, who both had their \$45 membership refunded!

In addition to the Guild's excellent website, the Membership Directory is a very useful document that includes everything a member needs to know for the 2024/25 Guild Year. You will receive this document some time in October. Please take the time to verify your personal information and notify me of any required changes in your listing by sending an email to: [membership@royalcityquiltersguild.ca](mailto:membership@royalcityquiltersguild.ca)

**SAVE THE DATE!** The Zoom invitation for the first meeting of the year will be sent out on Monday, September 9, 2024, for Tuesday's meeting. Just a quick reminder that only those members who have paid their membership fee for the 2024/25 Guild Year will receive this invitation. If you have not done so already, your final day for renewing your membership will be September 7, 2024. Zoom invites for future meetings should go out the weekend before the Tuesday meeting.

In closing I want to say THANKS to Helen Kocmarek for her excellent training and patience as I tackle this learning curve. Also, a thank you to Becky Fiedler for adding her expertise and behind-the-scenes actions to get me up and running. I am looking forward to this volunteer opportunity and encourage other members to seek ways in which you can contribute, even if you don't physically live in Guelph and surrounding areas.

Till the next time we chat,  
Sharon



## Workshops

I am really looking forward to this Guild year and hope you are as well. Our three workshops have received great response. At the time I write this, there are still some spaces available in those workshops: 2 spaces in the Half Square Triangle Tube Piecing, 5 spaces in the Mobius Radial Workshop, and 8 spaces in the Quilters Doodles Workshop. As of September, spaces are available to quilters who are not members of Royal City Quilters Guild. That means if you have a friend who is not a member of our guild, she/he can sign up and join you at the workshop. Please let that person know.

If you try to sign up for a workshop and find out that it is “Sold out”, you can contact me, Ann Jeffrey the Workshop Chair, to ask that you be put on the waiting list. I do keep a waiting list and will respond when I get any request to confirm that it has been received.

Would you like to have a say in the workshop choices and booking? Please contact Ann Jeffrey to volunteer. Anyone who has a suggestion or request for a workshop can contact me and our committee will research that idea for cost, available dates and reviews.

Ann Jeffrey, Workshop Chair

## Temperature Quilt

Have you made a temperature quilt?

Dr. Tracey Clement, a quilter and researcher from Australian Catholic University, is looking for volunteers for a research study about Temperature Quilts. If you are over 18 years old, and have made a temperature quilt, Dr. Clement invites you to complete a brief, anonymous survey, with the option for a 20 to 30 minute follow-up interview.

This study has been approved by the ACU Human Research Ethics Committee, and the ethics number is: 2024-3764. Read all the details here: [https://acu.qualtrics.com/CP/File.php?F=F\\_3Dh61edGZEerUIE](https://acu.qualtrics.com/CP/File.php?F=F_3Dh61edGZEerUIE)

Email any questions to Dr. Tracey Clement at [tracey.clement@acu.edu.au](mailto:tracey.clement@acu.edu.au)

To complete the survey on Temperature Quilts, click here:  
[https://acu.qualtrics.com/jfe/form/SV\\_2ahMz1blv2DofHg](https://acu.qualtrics.com/jfe/form/SV_2ahMz1blv2DofHg)



## Stashbusters

### Stashbusters – October 2 and November 6, 2024.

Cheryl Christoffersen will be leading us through “Squiggle”, a free pattern, from Carol Thelan. This is an easy quilt which goes together very quickly, especially if you already have half-square triangle units made. It is scrap, fat quarter, and yardage friendly.

Although the pattern instructions include two different block sizes, (4 x 8 inches, and 6 x 12 inches), any block size can be made, providing the width of the block is half the length of the block. For example, 2 x 4 inches, 2.5 x 5 inches, 3 x 6 inches, 5 x 10 inches etc.

The background fabric also forms the “squiggle” so this may be considered when choosing fabrics. If you have half-square triangles left over from another project, you may use those and just cut your square pieces the same size as your half-square triangle pieces.



To make a 66 inch x 84 inch finished quilt, using the 6 inch x 12 inch finished block, the fabric requirements are as follows:

- 20 Background fat quarters (or equivalent) and
- 20 Accent fat quarters (or equivalent)

This is the link to Carol’s “Squiggle” video and free pattern:

[https://www.youtube.com/watch?v=ld9qeyoeTeE&amp;t=4s&ab\\_channel=CarolThelen](https://www.youtube.com/watch?v=ld9qeyoeTeE&amp;t=4s&ab_channel=CarolThelen)

Stashbusters meets the first Wednesday of every month, via Zoom, from 9:30am – 3:30pm. Participants are free to come and go as they please. Participation in the group is free and we welcome new participants at any time. There is no charge to participate. Please contact [stashbusters@royalcityquiltersguild.ca](mailto:stashbusters@royalcityquiltersguild.ca) to be added to the mailing list or learn more about this group. Hope to see you on October 2, 2024!

## Newsletter

My name is Ruthie Snell, and I am the newsletter editor for the 2024/2025 guild year.

If you have something you would like to have included in the newsletter, please e-mail it to me, at [newsletter@royalcityquiltersguild.ca](mailto:newsletter@royalcityquiltersguild.ca). I would love to hear from you.

You can also submit something to the newsletter on the Get Involved Tag on the [Royal City Quilters Guild Web-page](#).

## Community Outreach

As our donation efforts continue, we have available 20 quilt tops that have been kitted with batting and backing and are ready to be quilted and then bound. Anyone interested in receiving one or more of these to work on should contact Ann Jeffrey or visit the Outreach table at our September Mingle. These tops are around 55" x 72" and are small enough to be quilted with your domestic machine, but have backing large enough to be done on a longarm frame. Consider trying some edge to edge straight or wavy lines, or maybe some loops or stippling. This is an opportunity to practice your skills before doing that special quilt for a friend or relative. We also have 6 kits of fabric and patterns for making quilt tops.

To arrange a pick-up or drop-off please contact Ann Jeffrey after September 25, or pick something up to work on at the Mingle.

## Thank you note to RCQG

In June, RCQG received the following Thank You note.

Dear Quilters,

My husband passed at the GGH ICU in January. He was presented with a quilt which was made by your group.

He was very proud of his Finnish Heritage. The quilt was bound in the blue colour of the flag and the backing fabric of postcards from Canada were certainly symbolic. Only Newfoundland had not been visited but planned.

My greatest appreciation for your gift.

Name withheld for privacy

## Home for Good

The executive has decided to extend our involvement in the Home for Good initiative by providing quilts for the two transitional housing units scheduled to open in December (28 beds) and February (12 beds). This past year, with financial help from the Lions Club of Guelph and many generous quilters, we have delivered 90 quilts for permanent supportive housing in Guelph. Quilts were given to the Grace Gardens location, Bellevue and 10 Shelldale.

For updated photographs of our quilts and their delivery please go our website and select Activities, then Community Outreach, and click on the Home for Good option.

Becky Fiedler, Ann Jeffrey

## Kindle Communities

“I had the pleasure of doing lease signings yesterday and showing tenants their new apartment. The first thing one gentleman did was go over to the bed and touch the quilt and said, “This is so great.” I shared the story of your group and how important it was to make sure he knew that someone cared and wanted him to have a warm, cozy space to come home to. His smile was the best.



Thank you so, so much for everything.

Leisha Burley

Project Manager

Family & Children’s Services of Guelph and Wellington County / Kindle Communities Organization”

Received July 31, 2024

## Grief. Violence. Quilts

“In January 2020, the RCMP killed homelessness activist Barry Shantz at his home in Lytton, B.C during a mental health crisis. That morning, his partner called 911 for help. What they got was an army of police officers, including snipers, but not a single mental health worker. In response to this tragedy, his sister Marilyn creates a series of art quilts called Kairos – a Greek word which means ‘an opportune time for action’.

A Bullet Pulling Thread is a documentary that follows Marilyn’s journey through grief and tells the story of her brother’s extraordinary life. Although they grew up together in small-town Ontario, Marilyn and her brother were very different. Marilyn had a calm, peaceful, safe life as an award-winning quilter. It was nice. Her brother Barry was a fearless advocate for the homeless, a former drug smuggler, ex-con and finally a victim of police violence. One bullet brought their paths together. Marilyn began her Kairos quilts as a way to process her grief. She also believes they could be important tools to spark conversations about mental health and to motivate change in policing.”



From: [https://idfactory.ca/?page\\_id=748](https://idfactory.ca/?page_id=748)



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- ✓ Make a Quilt of Valour Top (flimsy) as per the instructions found at: <https://www.quiltsofvalour.ca/what-we-do>
- ✓ Donate your Quilt of Valour top during the contest period (20 June - 11 Nov 2024) to an Ontario QOVC Regional Rep
- ✓ Email a PHOTO of your quilt top with your NAME, ADDRESS and PHONE NUMBER to [contest@quiltsofvalour.ca](mailto:contest@quiltsofvalour.ca)

For **EACH** Quilt Top + Email entry submitted You will be entered in the draw.

**GRAND PRIZE:**  
b37 MSRP \$1299 with Deluxe Quilting Package (Additional \$345 value)



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## Library

Hello RCQG Friends. There were a lot of books borrowed in June for the summer. Now it's time to gather them up for return at our next Mingle on September 21st. If you need a reminder which books you borrowed please give me a call. If you are unable to attend the Mingle, please call me to make arrangements for the return of your books. You can drop into the Mingle on the day just for the library. Another fun year is ahead of us. See you soon!

MaryAnne

## (In-person) Mingles

Join us **Saturday, September 21** as we welcome new and returning members to celebrate National Sew a Jelly Roll Day at our Community Mingle!!!

Our FREE, fun-filled event will be held from 10 am until 3:30 pm at the spacious Community Living Guelph Wellington, located at 8 Royal Road. Park in the north parking lot and look for the sign at the entrance. Thanks to an anonymous donor for covering venue rental!)



We will celebrate National Sew a Jelly Roll Day by turning scraps and strips into beautiful French Braid tops and quilts for one of our community outreach projects. Watch Zach's video at <https://www.youtube.com/watch?v=BilvylyNbAg> to learn how.

Please bring your sewing machine, neutral thread and basic sewing supplies to the Mingle. The Community Outreach team will bring precut 2.5" x 6.5" scraps, or you can contribute your own. We'll have the Accuquilt cutter on hand to make quick work of the cutting. If you don't have a travel sewing machine, please join us anyway. There's always room for an extra set of hands and plenty of opportunities to mingle with someone.

### *Other Activities*

- Return any library books you have checked out.
- As we did last year, we will have quilt racks available so you can hang quilts for photos.
- Stop by the Community Outreach table to return a project or pick up a kit.
- We'll have a Grab and Go table for you to drop items you no longer want or need. Pick up anything you'd like to re-home. If your items don't go, we ask you to take them back home.
- Bring your own lunch and drinks. There is a refrigerator for storage and a microwave to heat things.

### *Can't attend in person?*

Don't miss out on the fun just because you can't attend in person! Invite a friend or two to join you as you celebrate where you are. Zach's video shows you everything you need to know to make French braids. The braids you make can be turned into a quilt, table runner, or even a tote bag. Choose novelty fabrics or a seasonal colour palette to get a start on holiday gift-giving or decor for Thanksgiving, Halloween, Christmas or any other season. Send photos of your personal jelly roll sew day for us to share throughout the day, at our next meeting, and perhaps on Facebook.

## Retreat

Ctrl-click on the image to learn more ....



**Only 4 spots left!!**

### Sewing Retreat

5 days of uninterrupted sewing  
Free from distractions  
At a tranquil location 35 minutes away  
Meals prepared and served for you  
Sewing & socializing to your heart's content

**RCQG Retreat November 25-29**  
Hidden Acres Retreat Centre  
1921 Line 37, New Hamburg, ON

Visit our online store to sign up. Only \$450 for 13 meals & 4 nights shared lodging. No single occupancy rooms remain.

**See FAQ page on guild website for more info**

## International Quilting Day



6<sup>th</sup> annual virtual celebration of  
**International Quilting Day**

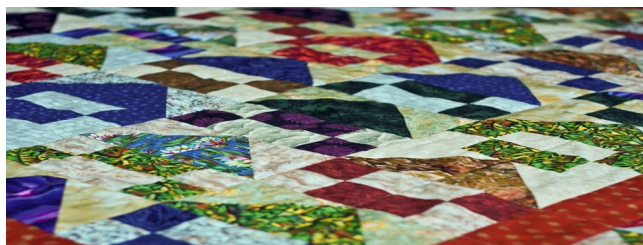
**Keynote Speaker 1**      **Keynote Speaker 2**

Free for RCQG members; \$25 non-member guests

**Save the date!**  
**March 15, 2025**

## Show and Share Presentations

The link to our most recent display of member talents for June can be found by clicking on the link:



### Show Us Your Work

Please send photos to Susan by 6 pm on the Sunday before our monthly meeting.

We love to see your work!



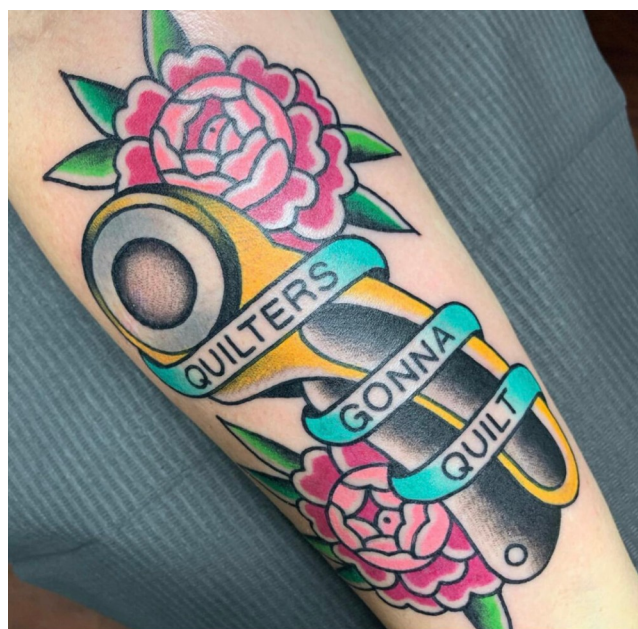
[showandshare@royalcityquiltersguild.ca](mailto:showandshare@royalcityquiltersguild.ca)

[JUNE 2024 Show and Share](#)

## Quilter Tattoos: Just Another Needle Art

For those of you who want to tell the world that you are an enthusiastic quilter, what better way than to get a quilting-themed tattoo? Check out this site for a new take on quilting and body-art.

<https://www.quiltfolk.com/journal/quilter-tattoos/>



## Advertising

Remember to visit your local quilt stores and service providers! We would like to thank all our advertisers for their continued support of our guild, and we need to ensure that we also support them. Clicking on an advertisement will take you to that company's website, so that you can further explore their offerings. If you would like to advertise your business within our newsletter, please contact [advertising@royalcityquiltersguild.ca](mailto:advertising@royalcityquiltersguild.ca)



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## Regional Guilds – Upcoming Events

**Quilt Canada** will be held June 18-21, 2025 at Mississauga’s International Centre. Keep up with the latest Quilt Canada news at <https://canadianquilter.com/quilt-canada-2025/>

Important updates include:

- Call for Entry for the National Juried Show opens September 1
- CQA is accepting applications for Teachers and Lecturers at Quilt Canada. Applications close September 15.
- TrendTex Challenge guidelines are posted. Fabric kits will be available to CQA members on September 16 and to non-members on October 14.
- Find the details about the JN Harper Youth Challenge.



**Quilts: Made in Canada** – at the ROM through November 17 (Level 3, Third Floor Centre Block)



“From the permanent collections at ROM comes a new exhibition highlighting some of the most visually intoxicating examples of artistry, community, and sustainability made in Canada: quilts.

Quilts are repositories of past and present lives. Exquisitely patterned and meticulously stitched, they hold the interwoven legacies of home and family. The exhibition features rarely displayed Canadian-

made quilts dating from the 1850s to the present day, and showcases a range of designs from utility quilts constructed from recycled materials for warmth and comfort to stunning examples created to mark life changing events. Made by individuals and communities, each quilt unlocks unique stories about makers, materials, composition, construction, and the shared histories of those who made it.

The timeless beauty of colour paired with each quilt's clever and complex composition will fascinate, captivate, and inspire, whether you're a novice or experienced quilter, interested in making sustainable design solutions, or keen to learn more about historic and contemporary culture of everyday life in Canada. Quilts: Made in Canada is free with general admission.”

ROM website: <https://www.rom.on.ca/en>

# **Hanging By A Thread**

5th Bi-annual Show by  
**Oakville Fibre Artists**  
**September 21 to October 16, 2024**

Meet the Artists Saturday September 21, 2-4pm



An exhibition of over 100 fibre art pieces by  
30 artists in diverse mediums

Queen Elizabeth Park Community and Cultural Centre  
2302 Bridge Road, Oakville, ON

Monday-Friday 12-7 p.m.    Saturday & Sunday 12-5 p.m

Free Admission and Parking





Quinte Quilters Guild  
**Quilt Show 2024**  
Quilting for the Holidays



[quintequiltersguild.ca](http://quintequiltersguild.ca)

September 7th  
10:00am - 5:00pm

September 8th  
10:00am - 4:00pm

**Featuring**

Raffle Quilt and Baskets | Members Marketplace

Tea / Lunch Room |

Vendor Demonstrations | Vendors

Quinte Curling Club  
246 Bridge St. W  
Belleville, ON



# Homer Watson House & Gallery

July 5 – Sept. 8, 2024

Reception Sunday July 7th | 1-4pm

## Renewal

SAQA Canadian Region Travelling Exhibition

Thirty-three fibre artists in this travelling exhibition have given us their interpretations of *Renewal*. Each perspective is unique to the individual artist and offers viewers a wide range of observations and experiences of *Renewal*.



<https://www.homerwatson.on.ca/>



Image: Forest Hope by Lori A. Everett

Sudbury and District Quilting and Stitchery Guild Presents:



# QUILTS ON THE ROCKS

## QUILTING & STITCHERY SHOW



19-20  
OCT  
2024



10am -  
4pm



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