

**Royal City Quilters Guild  
Summer Milady Mystery 2021**

**Week Four**

**Cutting for Centre Medallion**

(N.B. At this point, you may have remnant pieces for cutting what you need. Check the already cut pieces before cutting another strip WOF.)

**Fabric #1** ⇨ Cut one (1) 3" strip WOF.

Subcut into four (4) 2½" squares and two (2) 3" squares.

**Fabric #2** ⇨ Cut one (1) 2 ½" strip WOF.

Subcut into four (4) 2½ X 4½" rectangles

**Fabric #3** ⇨ Cut one (1) 8" strip WOF.

Subcut one (1) strip 2½ X 8". Subcut one (1) 2½" square.

Subcut two (2) 8" squares. Subcut squares diagonally.

**Fabric #4** ⇨ Cut one (1) 3" strip WOF.

Subcut two (2) 3" squares.

Subcut four (4) 2½ X 4½" rectangles.

**Fabric #5** ⇨ Cut one (1) 2½" strip WOF.

Subcut four (4) 2½" squares.

**Piecing for Centre Medallion**

1. Find the four (4) 2½" square HSTs in fabric 1 and 4 from week 1. Attach these four (4) HSTs to the 2½" squares in fabric 5 as shown in the photo below. Press toward the square.
2. Using 2½ X 4½" rectangles in fabric 2 and 2½" squares in fabric 1, make the right side of a flying goose unit by drawing a line from one corner diagonally to the other corner of the square. Lay the square to the corner RST and sew on the line. Trim the seam allowance to ¼." Press toward the corner fabric.
3. Using units from step 2 and 2½" squares in fabric 4, make the left side of a flying goose unit as described above. Press toward the corner fabric.

4. **Using**  $2\frac{1}{2} \times 4\frac{1}{2}$ " rectangles in fabric 4 and the flying geese units, join to make four (4)  $4\frac{1}{2}$ " squares as illustrated. Press toward the rectangle.
5. **Join** these two (2)  $4\frac{1}{2}$ " squares and one (1) rectangular unit from step one as illustrated, nesting seams where possible. Make two (2). Press the seams open.
6. **Join** two (2) rectangular units from step one and the  $2\frac{1}{2}$ " square in fabric 3 as illustrated. Make one (1). Press the seams away from the centre block. This helps nest the seams when the unit is joined.
7. **Join** units from steps 5 and 6 as illustrated, nesting seams where possible. Press seams open.
8. **Add** triangles cut from 8" squares to set the centre block on point. Start by adding two (2) triangles to opposite sides. Fold the sides of the block and finger press at the centre. Do the same for the long, bias edges of the triangles. Match the centre point of the square side with the centre point of the bias edge of the triangle. It helps if you sew this seam with the bias edge on the bottom and the block on top. Press toward the outer triangles. Trim to  $14\frac{1}{2}$ " square.

## **How to Attach a Border**

When attaching a border to the quilt, you need to know the centre point of the border and of the side to which you are attaching it. One of the easiest ways to find this centre (if there is no seam or point in the piecing to mark it) is to fold the piece in half and finger press at the centre. Pin the border centre to the medallion centre. Then, pin the ends. If pieces become long, pin throughout. The borders in this quilt require 3-7 pins. Always sew with the pieced border up so that you can see the points that require accurate sewing in your seam.

## **Piecing for First Border**

1. **Find** the twenty-four (24) HSTs in fabrics 3 and 4 from week 1.
2. **Find** the four (4) combination blocks in fabrics 3 and 4 from week 3.
3. **Lay out** the blocks as illustrated below and join into four (4) identical rows. Press the seams open.

4. **Fold** two (2) of the border strips in half and finger press at the centre. Attach these rows to the sides of the centre medallion being sure that fabric 3 is touching the centre, matching the centre of the border with the point of the medallion. Press toward the centre medallion.
5. **Find** the four (4) extra HSTs from fabric 3 and 4 made in week 1.
6. **Attach** one to each end of the remaining two rows of the border as illustrated below. Press toward the outer HSTs.
7. **Fold** the two remaining border strips in half and finger press the centre. Match this with the point of the medallion centre on the top and bottom. Sew on these two border strips, nesting seams at the corners. Press toward the centre medallion.

### **Adding for the Second Border**

1. ⇨ **Cut** three (3) 1½” strips WOF from fabric 1. Subcut one (1) strips to two (2) 1½” X 18½” strips. Subcut two (2) strips to two (2) 1½” X 20½” strips. Save the long remnants for next week.
2. **Pin** the two (2) 18 ½” strips to the sides of the medallion. Sew with the medallion side up to make sure the seam allowances lie flat. Press toward the second border.
3. **Pin** the two (2) 20 ½” strips to the top and bottom of the medallion. Sew with the medallion side up as above. Press toward the second solid border.