

**Royal City Quilters Guild
Summer Milady Mystery 2021**

Week Two

Hourglass Units and Friendship Stars

Judy Eckhardt, the designer of this quilt, is adding friendship stars to all the quilts she is making this year to honour her friend Maureen who passed away in January. This week you will make 10 of them. Also, we will be making hourglass units which use the same technique as HSTs.

Cutting Instructions for Hourglass Units

Fabric #1: ⇨ Cut one (1) 5 1/2" strip WOF. Subcut into five (5) 5 1/2" squares.

Fabric #2: ⇨ Cut two (2) 5 1/2" strips WOF. Subcut into ten (10) 5 1/2" squares.

Fabric #5: ⇨ Cut one (1) 5 1/2" strip WOF. Subcut into five (5) 5 1/2" squares.

Piecing Instructions for Hourglass Units

- Nesting seams is important in making hourglass units. Make sure that you press the seams as indicated. Then carefully match pieces before sewing.
 - Spinning seams will make these units lay flat.
 - The Tucker Trimmer really makes trimming these easier, but you can just use a square ruler 4 1/2" or larger.
1. **Make** 10 HSTs with 5 1/2" squares from fabric #1 and five (5) of the 5 1/2" squares from fabric #2. Press seams to fabric 2.
 2. **Make** 10 HSTs with 5 1/2" squares from fabric #5 and the other five (5) of the 5 1/2" squares from fabric #2. Press seams to fabric 2.
 3. **Match** each HSTs from step 1 with an HST from step 2. Nest the seams. Sew across the pair corner to corner twice as if making HSTs being sure that the new seam is perpendicular to the previous seam. Spin the seams when pressing.
 4. **Trim** units to 4 1/2" square unfinished. You should have twenty (20) hourglass units.

Cutting Instructions for Friendship Stars

- You will be using the forty (40) HSTs that you made in week 1 from fabric #2 and fabric #4.

Fabric #4: ⇨ Cut two (2) strips 2 1/2" wide WOF. Subcut each strip into sixteen (16) 2 1/2" squares. This makes 32 squares. Using the remnant of the 6" strip from week 1, cut eight (8) more 2 1/2" squares. You need forty (40) squares in total.

Fabric #5: ⇨ From a remnant of a strip from week 1 or week 2, cut ten (10) 2 1/2" squares.

Piecing Instructions for Friendship Stars

1. Lay out the pieces of the star as shown in the photo below. Sew block together as a nine-patch block. Press the seams toward the unpieced squares as you join them.
2. When you join the three rows together, nest the seams and then press the seams away from the centre row. You should have ten (10) friendship stars.